

Why Choose

XTREX

fine quality massage tables



XTREX ..RUB SHOULDERS WITH THE BEST !

MASSAGE TABLES - AS SUPPLIED TO THE QUEENSLAND TAFE
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XTREX

FINE PROFESSIONAL MESSAGE TABLES

Rub shoulders with the best !

SELECTING A TABLE : our design philosophy.

There are many brands of **Massage Tables** available on the market today. Some are very good, some are very expensive and some are of very dubious quality. Unfortunately, to the inexperienced and unwitting, **they all look the same!**

So how can you tell a good table?

A good table should **look** and feel WELL MADE. If not, it won't be a bargain at **any** price.

Be critical of the workmanship.

Take a **good** look. If the construction is shoddy/sloppy - you'll pay for it sooner or later. Check underneath - is the upholstery **glued** as well as stapled? A **glued** vinyl table is time consuming and expensive to build - but it's *better* craftsmanship. The stresses on the upholstery is reduced to give a longer vinyl life and better appearance. Should staples fall out for any reason - or if the bonded side is cut or damaged, the vinyl will not run or rip further (or come off). If a table isn't glued, the edges of the upholstery will be pulling/puckering around the staples. These same stresses could eventually rip against or even pull out the staple itself - causing a new set of problems.

You will note

that our table uses no stitching (except for the face-hole, where it is unavoidable). Stitchlines act as collection points for **bacteria** (from sweat, oils and ...yes, grime!). They also create weaknesses in the vinyl. Have you ever noticed how cracks, splits and tears run parallel to the seams? Incidentally, we use *marine grade* **anti-bacteria, UV resistant** vinyl.

We recommend you **always** use a cover over the table when massaging, to protect the table against damaging oils etc..

The face-hole

The *most underrated* part of the Massage Table is the face-hole. A good face-hole will **both cradle and support** your face. An uncomfortable face-hole will prevent your client from TOTALLY relaxing. It will create *tension* in the neck and shoulder muscles - adding to **your** work. *What benefit is a good massage if you get up with an aching forehead or cheekbones?*

The **XTREX** Massage Table face-hole is the result of many trials and experiments. It is **not** "just a face-hole" but is a **properly shaped** hole that is **designed to fit** just about everybody **comfortably**. Do your client a favour - don't torture them for an hour with an incorrect face-hole! **Test the face-hole yourself....., and be critical!**

A Good Table

uses **plywood** panels under the cushions. Plywood is light and strong because it is made up of several layers of wood veneer. We use 3 ply - ie *three* layers.

Inferior tables use man-made boards such as chipboard or medium density fibreboard (MDF) which are made from chips or pulped wood, and then glued into a board under pressure. Because the fibres are short and independent, these panels lack the resilience and strength that comes naturally with the long interlocking fibres of real wood like ply.

With time and use, chipboard and MDF **will sag under its own weight** - not good!

Cushions

should use good quality **high density foam** (HDF). Denser foam gives more support and is longer lasting. Cheaper foams quickly break down under use. Don't confuse stiffness with high density. We use HDF made to a soft consistency for gentle but firm support.

In the interest of **better hygiene** we **exclusively** use 'ULTRAFRESH' treated HDF. This is an **anti-microbial** treatment proven effective against odour (deodorant) , moulds, bacteria and fungi. But, that's not all ! It's also effective against house mites !

Hinges

The quality of hinges used in the Massage Table is very important. If the hinges are sloppy - your table will feel wobbly. If they are of cheap quality, they will soon wear and become sloppy.

Our tables use **Australian** made hinges which are made from **hardened** steel - so hard that they are very difficult to drill through! They are hard wearing, and well constructed. *We could* use cheaper overseas hinges which **look** the same but we don't - and won't!

Okay, if the table is acceptable so far..

.....now set up the table. - *Is it quick and easy to set up?* Rock the table to see if it is wobbly or stable. Keep in mind the floor should be level.

The Table Height

So, the table looks good, feels good and is good - how high should it be?

There are several schools of thought on correct table height, but one popular method of assessment is to stand with feet comfortably apart, and hold a fist over the groin area. Your table height is measured from the floor to your knuckles. (Note: Keep your arm relaxed.). Don't panic if the height is not exact as long as you can adjust comfortably to it.

Please confirm with your instructor.

Warranty.

All **XTREX Massage tables** come with a twelve months **WRITTEN** warranty.